 

Use of Changing Rooms And Showering Facilities Policy

The following guidance advises on Hoylake Lawn Tennis Club (**HLTC**) best practice when using the club’s facilities shared by adults and young children.

Please note the term ‘young children’ describes any person under the age of 18.

HLTC has limited changing room and showering facilities, therefore all players are encouraged to come to the club already changed, wearing suitable clothing e.g., tracksuits and go home after the games to shower.

HLTC offers the following guidance should adults and young children access the changing rooms and showering facilities.

1. If the club changing room and showering facilities are to be used by both adults and children at the same time there must be accessed as separate changing, showering and toilet areas.
2. Adult staff/volunteers must not change or shower at the same time as young children using the same changing room and shower facilities.
3. For mixed gender activities, they will have access to separate changing room, shower facilities and toilets.
4. When young children use the changing rooms, they should be supervised by two members of staff/volunteers. Older teenagers may not require supervision however HLTC may have an appropriately recruited adult within the vicinity of the changing and shower facilities to ensure their welfare is monitored.
5. If a young child feels uncomfortable changing or showering, then no pressure should be placed on them to do so. Instead, they should be encouraged to do so at home.
6. Young children with disabilities using the changing room and shower facilities, their carers should be involved in deciding how they should be assisted. The young person’s consent to the assistance should be offered.
7. The use of mobile phones and/or photographic equipment by officials, members, parents and young children should be prohibited within the areas where young children are changing or showering.
8. If young children self-identify as a gender that differs from the gender they were assigned at birth, they may wish to start changing with other children of the same gender identity or ask for privacy. Coaches should try to make reasonable adjustments to changing room and shower arrangements to suit the child’s need and reduce the risk of bullying behaviour or distress. In most cases, young children who are able to self-identify as transgender are able to articulate their wishes. Best practice is for the coach to consult with both the young child and their parents/cares where necessary.

*Above guidance taken from NSPCC and The FA/Respect.*

*Should you wish to discuss the above or have any concerns in relation to HLTC Use of Changing Room And Showering Facilities Policy, please refer to the Club’s Notice Board for contact details for the Club’s Coaches and the Club’s Welfare Officers.*

HLTC (LTA) Use of Changing Rooms And Showering Facilities Policy updated March 2022. To be reviewed March 2024 or sooner if necessary.